Using SAGE's Online Allergen Filter

SAGE's online allergen/restriction filter is your FIRST STEP in determining safe dining choices. Our registered dietitians maintain this allergen information for all SAGE venues in the U.S. and Canada.

How to access and use the menu:

1. Visit St. Andrew’s online menu here (or go to www.sasaustin.org and click on the View Sage Dining Info button). Use the dropdown menu in the upper left corner to select between LS/MS campus and US campus.

Click on the “Allergies/Restrictions” drop-down menu (below the date and above the main menu). Read the notice and accept the terms. Click on the drop-down menu again. You will see the top twelve allergens in the U.S. and Canada displayed.

2. To filter for allergens/restrictions, click on the foods you want to avoid. Menu items that contain those foods will fade; menu items that do not contain the foods will remain bold.

3. For some bold menu items, a light bulb ☀️ will appear. This is a signal to learn more about one or more of the ingredients listed. (For example, bread or pasta items will have a “learn more” ☀️ for egg because some breads and pastas contain egg as an ingredient.)
4. Foods prepared in a fryer will have a for all allergens next to a drop of oil icon signaling you to learn more about possible allergen cross-contact in shared frying oil.

5. When you see a , ask our SAGE Food Service Director for more information about ingredients and preparation methods to determine if these items are safe choices for you.

**Nutritional Information**

SAGE works to bring well-balanced meals and food to students. As part of that promise we make nutrition information available to parents and adults within the school community. You will be asked to enter a code to access this information. You can request the code from our SAGE Food Service Director.